# **DARUVARSKE TOPLICE**

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www.daruvarske-toplice.hr

Daruvar Spa – Top center for medical rehabilitation

#### DARUVARSKE TOPLICE – A PLACE ON A HUMAN SCALE

Daruvarske toplice (Daruvar spa) is a highly positioned and modern centre for health maintenance. It is discreetly integrated into nature, on the very springs of healing thermal water, surrounded by a large cultivated park of historical and monumental value.

Located in the heart of the town of Daruvar, one of the most beautiful small towns in the continental Croatia with a history dating back to Ancient Rome.

#### TREATMENT PROGRAMS AND MEDICAL REHABILITATION

Daruvar spa is specialized in the treatment of rheumatic diseases, medical rehabilitation and also provides assisted treatment for infertility by natural healing factors.

In the well-equipped departments, we perform the treatment of acute and chronic rheumatic diseases with the use of physical medicine and rehabilitation. In the field of medical rehabilitation very good results are achieved in the postoperative rehabilitation of hip and knee prosthesis, including corrective procedures on the extremities, extirpation of the disc and posttraumatic rehabilitation, after injuries, of the locomotor system.







In the field of rheumatic diseases, we have successfully carried out the treatment of all types of inflammatory rheumatism and degenerative diseases of the spine and large joints.

Physical therapy is performed under the expert supervision of the superbly educated personnel using modern equipment with natural therapeutic factors in which we have a very long tradition with.

Exceptional thermal water (46,6°C) of acratotherme group and mineral mud (Fango) is also used for natural healing.

# **REHABILITATION OF ATHLETES AND SPORT READINESS**

Because of its unique natural environment and a wide range of sports facilities at one location, Daruvar spa is ideal place for preparatory trainings of athletes.

We provide individual treatments of injured athletes under the professional control of a sports-medicine doctor and kinesiologist.

We provide excellent opportunities for quality sports preparation with a number of additional services such as: isokinetic diagnostics in the professional system Biodex, Power plate - vibration training, use of the functional food program under the expert supervision of nutritionists and use of the gym and fitness center.













### **HEALING WELLNESS OASIS AT HEALTH SPRINGS**

World of wellness is an additional facility for lifestyle and health maintenance using natural healing procedures.

World of massage - This zone is for facial and body treatments including: lymphatic drainage, anti-cellulite massage, facial massage, anti-stress massage, sports massage, medical massage, hot stone massage - massage with volcanic stones.





Let our anti-stress spa programs relieve yourself from stress and prevent its consequences from affecting your health with an efficient combination of individual treatments.

Treatments based on mineral mud (Fango) and marine elements, for body detoxification and cellulite removal, guarantee their great results after just a few treatments.





# **TEAM BUILDING, SEMINARS AND BUSINESS MEETINGS**

The need of modern man is to effectively improve and maintain their own health. With entertaining and attractively designed team building programs, you will get the best from your team. You will enjoy walks, trips, wine tasting with picnics in the country, try horseback riding or relax in the wellness-spa oasis.

We meet all your requirements regarding organization of business events, seminars, workshops, business and professional meetings. We provide well-equipped business meeting locations:

Hall "Termal" (80 seats), Hall "Grof Janković" (70 seats), restaurant "Terasa" (150 seats).

These locations are air conditioned, equipped with projection screen, flip chart, portable blackboard, LCD projector and LCD TV.

### JULIJEV PARK - UNIQUE LANDSCAPE PARK IN CROATIA

Julius Park is one of the most important and oldest landscape gardens in continental Croatia with exceptionally rich flora. The park has a total area of 9.5 hectares. Some trees are older than 150 years old with flower gardens and installations of Baroque artwith elements of the English landscape style embellishing this unique park.

Today the park has not changed its visual style and concept in over 150 years. This provides a priceless historical and horticultural experience.

There are several historical buildings located in the park with valuable cultural and architectural value, dating from the 18th, 19th and 20th century: Antun's bath, Ivan's baths, Swiss villa, villa Arcadiaand the Central mud bath.













#### **ACCOMMODATION IN THE HEART OF JULIJEV PARK**

Spa hotel Termal 3\* has a capacity of 275 beds with single and double rooms and suits.

In the hotel, there is a multitude of facilities for a comfortable stay including pools with thermal water, a restaurant, cocktail bar, café, wellness-spa oasis, fitness, gym, kiosk/gift shop, hair salon, etc.

Annex Arcadia 3\* is a beautiful historic building built in the 19th century. It has 12 rooms that complement the external beauty of the building, together with the original setup of rooms, this will make your stay an unforgettable experience. Restaurant Terasa is right next door.

Both buildings are located in the hearth of Julijevpark, just a few minutes of easy walking distance from the centre of the town, through a nice cultivated park.

# **CULINARY DELIGHTS**

With its restaurants, the quality of service and presentation of the culinary delights(authentic specialties and traditional Czech cuisine), restaurant Taverna in Spa hotel Termal and restaurant Terasa are leaders in the cuisine of our region. Restaurant Terasa is a long-time holder of the official title as one of the best one hundred restaurants in Croatia.

The unique ambience of our restaurants are an ideal place to spend the evening paired with great culinary delights and excellent wine.











